

# Duranbah Public School

*A quality education in a caring environment*

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## Term 3 Week 9 - Edition 11

Friday 18 September 2020

### Principal's Report

With only one week to go, it's time to reflect upon another excellent term at Duranbah Public School. The restrictions have meant we have had to change how we do some things, but we were able to achieve many more things than we were unable to.

I wish to thank our Parent and Carer community for their enduring patience during these times and for their preparedness to work together to make the most of what we do here at school.

I also wish to acknowledge the hard work and resilience of all of our staff as they continue to find ways to 'make it happen' for our students here at school.

With a hard-earned break coming up for us all, I hope each family gets the chance to enjoy a relaxing break and the chance to recharge.

### Passion Projects

This was the last week of our 'Passion Projects' for this year and what a program it was! The variety on offer was outstanding and we are so lucky to have a parent community prepared to give their own time to enrich the learning experience. Our students clearly enjoyed their opportunities!

### Year 6 Mentoring Program

Our Year 6 students have begun their mentoring experience within this new initiative. Geordie has started his participation in the 'Young Writers Workshops' which are facilitated from the Lismore Library through the Byron Writers Festival program. He was also able to connect 1:1 with an established author Lucas Proudfoot, via a zoom interview on Monday. Sonny, Neave and Jake started their Cooking/Chef program with a cooking session with Mr Phil Field, an experienced chef, on Monday. They looked at baking goods, and learned about techniques, ingredient requirements and preparation. They will continue their program early next term with cooking sessions at the high school Food Tech kitchens. Autumn begins her 'Elite Swimming' program with coaching sessions next term.

### Music Program

Our music program continues to provide students with wonderful musical experiences and will continue with all instruments into Term 4. We will assume that all students will continue their Term 3 commitments unless parents advise otherwise. Miss Mayra is providing her lessons for keyboard Monday and Tuesday in Week 10 to catch up the lessons missed in Week 9.

Parents and carers should also be aware that all three of our tutors are available for extra individual lessons outside of school hours. Please contact the office for any information about this.

### Mark Your Calendar

- 18 September Passion Projects - Last Day  
Tropical Fruit World Friday Fun Lunch
- 23 September BBQ Lunch (Provided by P&C)  
Year 4/5/6 Movie ("A Plastic Ocean")
- 24 September Teddy Bear's Picnic
- 25 September Tropical Fruit World Friday Fun Lunch  
Year 4/5/6 Hastings Point Field Trip  
Last Day of Term 3
- 12 October First Day of Term 4

### Tropical Fruit World Lunches

Today began our connection with Tropical Fruit World for lunch orders. Our students were able to enjoy some new and exciting (not to mention tasty!) foods and were really pleased by the variety. We plan to trial this menu through Term 4 to see how it goes, and look to continue in 2021.



### 4/5/6 Science Field Trip

On Friday 25<sup>th</sup> September, Years 4/5/6 will be rounding up their Science unit "Saving the Seas" with a field trip to North Star Caravan Park and Hastings Point foreshore. During this experience, students will learn more about the diversity of the Hastings Point ecosystems and explore some very significant areas of the beach and estuary.

### Facilities Update

We were informed this week that our planned car park extensions have not been funded for the next financial year. While this is disappointing, we are hoping it gets included into the following year's allocations.

On a more positive note, we are in the process of updating the driveway, which currently has a number of large potholes. We are hoping this is done early next term and thank everybody for their patience and understanding in this.

Hopefully everyone has a great weekend and gets a chance to do something fun. Thanks again to everyone who has contributed to our dynamic small school this term.

Kind Regards

Jason Ellem  
Principal



### Term 3 Week 8 Award Winners

Autumn, Mikayla, Matilda,  
Ollie, Isabella



### Term 3 Week 9 Award Winners

Grace, Ramona, Indira, Hayley



### TEDDY BEARS' PICNIC DAY

Our SRC have once again organised another exciting fundraiser. This time, the SRC will be hosting a Teddy Bears' Picnic Day on **Thursday 24<sup>th</sup> September**.

They are raising money for the Australian Seabird Rescue Organisation, which was one of the organisations responsible for the release of a sea turtle at Kingscliff earlier this year.

The SRC thought that they deserved our help!

The students will be able to dress in Mufti, bring a picnic rug and enjoy some games with their teddies and friends. Donation of a gold coin required.



## P & C News

### NEXT P & C MEETING

The next P & C Association Meeting will be Week 3 Tuesday 27 October at 1.30 pm at Tropical Fruit World, inside their café. Everyone is welcome. Please contact Brooke Udale (P & C President) or the school office if you'd like to add anything to the Agenda or pass on your apology.

### BBQ LUNCH

The P&C will be providing a BBQ lunch for students in Week 10 of Term 3 Wednesday 23<sup>rd</sup> September and Week 1 of Term 4 Wednesday 14 October. This will be free of charge.

### WEDNESDAY CANTEEN

This is one of our P&C's major fundraisers and will still be continuing next term. The note requesting volunteer cooks will be sent home next week.

### FOR SALE

Handmade Scrunchies \$2.00

Handmade (by students) Aloe Vera Moisturising Cream \$5.00 and Aloe Green Tea Spritz \$3.00



## Office News

## FRESH HEN EGGS

We have at least 8 fresh chicken eggs available each day. The cost is \$3.50 or \$3.00 with the return of an egg carton. Please order through the school office.



## WHOLE SCHOOL

**Swimming** Permission Notes and payment to be returned by Friday 25<sup>th</sup> September. The cost is \$30 per students. Swimming lessons commence Week 2 of Term 4 and continue on Mondays for five weeks.

## YEARS 4/5/6

**Hastings Point Science Field Trip** will be on Friday 25<sup>th</sup> September (last day of term). Permission note and payment to be returned by Wednesday 23<sup>rd</sup> September. The cost is \$8.00.

**FRIDAY FUN DAY LUNCHES** from Tropical Fruit World have commenced today 18 September. Orders must be into the office by Thursday of each week. Information and menus were sent home earlier this week. Please contact the office if you didn't receive your copy.

## REMINDER

Please upload  to receive your Newsletters, Alerts, Permission Notes online.

## FRIDAY FUN DAY MENU

## RAINBOW FRUIT SALAD BOWL

**\$5.00**

A delicious range of farm fruits with a drizzle of our honey

## SAUSAGE ROLL...BUT BETTER &amp; FRUIT

**\$7.00**

Filled with housemade minced beef, spices & a few hidden veg, this is the classic sausage roll, but not as you know it. Accompanied by a piece of fruit

## VEGGIE ROLL &amp; FRUIT

**\$7.00**

Our vegetarian version of the sausage roll. Full of veggies and flavour, what's not to love

## WRAP &amp; FRUIT

**\$7.00**

A whole wheat wrap filled with salad and choice of ham or chicken accompanied by a piece of fruit

## CRUMBED CHICKEN GOUJONS, CHIPS &amp; FRUIT

**\$7.00**

A cheeky Friday lunch order treat. Crumbed chicken goujons with a portion of chips & a piece of fruit



Tennis fun and games...



What's been happening in 4/5/6E...



Signing "I can see clearly now" in Auslan...



## Community Notices

REGISTER ONLINE NOW!


[www.tweedlac.org.au](http://www.tweedlac.org.au)

## INFO & KIT COLLECTION:

- Thursday 10 September: 4.30pm - 6pm

Competition days are Saturday mornings at 8am.  
Walter Peate Oval, Kingscliff.  
Season commences Saturday 12 September.

Please register online prior to kit collection: [www.tweedlac.org.au](http://www.tweedlac.org.au)

Email enquiries to: [info@tweedlac.org.au](mailto:info@tweedlac.org.au)

## JOIN WEBINAR:

### Building Early Attachment and Resilience (BEAR)

An early intervention for parents and infants

21 September, 1:00pm AEST



## WILD BOYS AND THE DOGS THAT TAME THEM



A FILM BY  
CATHERINE SCOTT

## BACKTRACK BOYS

Check the Classification

IN CINEMAS FROM OCTOBER 25

UMBRELLA  
ENTERTAINMENT

DATE: Thursday the 16th of  
October at 6pm

VENUE: The Regent Cinema,  
Murwillumbah

TICKETS: <http://tiny.cc/ccwssz>

Fundraising for BackTrack Youth  
Works. A Q&A and community  
discussion about how a Back-  
Track inspired program could be  
established in our region will take  
place after the screening.

[WWW.BACKTRACKBOYS.COM](http://WWW.BACKTRACKBOYS.COM) #BACKTRACKBOYS

## Eating the Rainbow

The concept of "Eating the Rainbow" is a wonderful model families can refer to when meal planning each week. Each color in the rainbow represents nutrients we can get from colorful foods. Red produce, for instance, boasts carotenoids and flavonoids both which have antioxidant effects in humans. Orange and yellow foods, such as butternut squash and carrots, often contain a trio of benefits that include antioxidants, vitamin A and Vitamin C. Even those blue-hued potatoes and purple eggplant contain anthocyanins that in addition to antioxidant effects, may offer anti-inflammatory, anti-viral, and anti-cancer benefits.

